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L.O.V.E. Records

1305 Ingraham St. #104

Los Angeles, CA 90017

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*Living Proof*, the fourth album from award-winning Latin Hip Hop/Soul vocalist Karina Nistal, releases on Jan 22, 2016 on L.O.V.E. Records and will be available from iTunes and Bandcamp.

Recognized by *Houston Press* as “Best Local Hip Hop” and “Best Latin Contemporary” two years in a row. Also, this year *Akademia Music Awards* recognized her video “Different”, Nistal collaborates with a range of producers on *Living Proof* — including Jay Hot, JoeB from Rebel Crew, Ike & Radremm, Deep Montage, Madji'k, Lucas Gorham, Alessandro Calabrese, Gav Pauze, Peter Speakah, and Wazulu — to produce 12 tracks of Neo Soul House, R&B, Acoustic, Latin and Reggae. Lucas Gorham (Grandfather Child) appears on an acoustic version of “Human” [track #3].

“The first track is called ‘Make it Happen,’ explains Nistal, “about living life to the fullest, not letting opportunities pass you by.” *Living Proof* is brimming with optimistic grooves. “Wiser, track seven, is about appreciating the experiences that have led you to the finer things in life,” she says. “Everything works for our greater good.”

A listening party is scheduled at Jet Lounge in Nistal’s hometown of Houston, TX, on Dec 23rd, 2015.